October
1989

Carolina Country®

Tar Heel Economy:
34 Percent Agribusiness

See *Page 12*

CB 3930 UNC-CH
CHAPEL HILL NC 27599

Consider the long reach of my
undulating splendor
My meandering blue wonder seen
from afar,
My splendid green fastness
towering above approach,
My granite peaks, profiles, and
rugged winters
And sweet, cool summers, accepted
and enjoyed
Beyond ridge and hollow,
My mountain families
Discovered at last by the rich
outlanders,
As a natural refuge and high haven
From lowland summer's sultry heat.

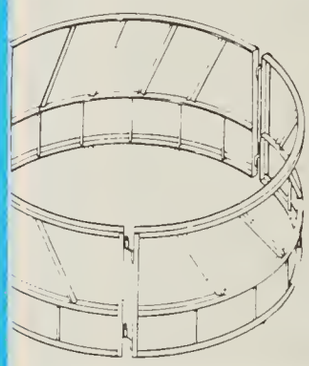
—John Foster West, *This Proud Land*

Southern States

HARVEST of VALUES

Thru October 28

Round Bale Hay Feeder



72.95 45 in. high. 8 ft. diameter. 1½ in. O.D. square tubing. 3 bolt-together sections. Recommended for 600 lb. or less cattle. #100-28001

Feeder with Hay Saver Panel

78.95 #100-29002

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Universal

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8 ft.	11 ft.
#100-24645	#100-24646
69.95	**89.95**

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5 hp. 60 gallon tank. Heavy-duty U.L. listed motor. Stainless steel, corrosion resistant valves. **ASME certified tank. (Not available at all locations.)** #066-85609

our price **559.95**

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179.95 *Fully assembled

Bar & Chain Oil #052-11390 **1.39**

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Energizer
Shocks thru wet weeds and brush. Uses 12v. battery. #081-25192

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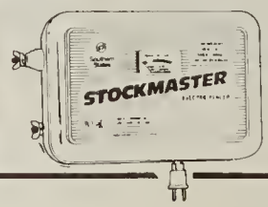
Stockmaster
Shocks thru weeds and wet grass. Solid state. 110-120 volt. Low impedance. #081-25200



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VIEWPOINT

o-op Month: Still Celebrating Self-Help rinciples After A Quarter Of A Century

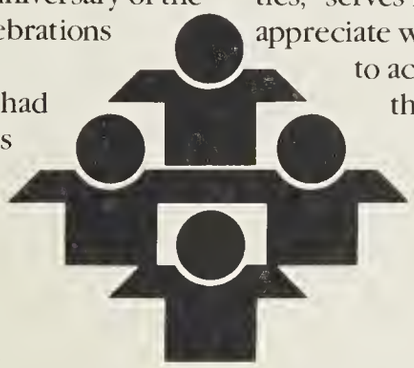
Excerpted from a column by Gene Clifford Wisconsin REC News, the monthly publica- of Wisconsin's statewide organization of electric cooperatives.

This year marks the 25th anniversary of the nal Cooperative Month celebrations id the country.

Although such an occasion had marked regularly by various erative businesses for years, the first national vance came in 1964, U.S. Secretary of Agricul- Orville Freeman used his tment's resources to desig- October as Co-op Month. The observance may have back in 1924, when a consumer goods co-op ukegan, IL, developed a month-long series grams and meetings to generate interest in erations, including its milk delivery routes. That event, in March, stirred a lot of inter- long other cooperatives, which sponsored r programs until 1930. That's when the vance was shifted to October—to coincide he biennial congress of the U.S. Co-op e.

oday, cooperatives of all kinds, involved in imaginable type of activity, promote and celebrate every October. This includes rural electric cooperatives, which join in sponsoring special events.

Co-op Month, which this year features the theme, "Cooperatives: Building Your Communities," serves important purposes for all of us who appreciate what people can do by joining hands to accomplish almost anything through the principles of self-help.



Co-op Month is a time to re-ignite the cooperative spirit among members, to educate the public about co-op contributions, to realize increased exposure through the media, to remind lawmakers that cooperatives are an invaluable national resource which merit their support.

The primary goal of Co-op Month is to remind ourselves of what we have in our cooperatives and to tell the co-op story to others. People should know that cooperative enterprise is an integral component of our democratic and economic structure. We all should know that cooperatives have played a significant role in making our country great. They continue to assume that role today and they are prepared to contribute even more in the future.

Co-op Month helps to spread this important message.

o-op Efforts Undergird Education

he following editorial was written by ergland, executive vice president of the nal Rural Electric Cooperative Association.

he sound of school bells brings back ries of my classroom days in rural Minne- ut students in today's countryside are g a high-tech ring to that sound, as the nformation technologies help teachers dents keep up with our changing, more titive world.

sparsely populated areas, like Indiahoma, oma, school systems often have difficulty g a range of advanced courses. So Cotton Electric Co-op stepped in with an innovative solution, donating a satellite dish to beam down telecourses in German, physics, and other subjects produced at Oklahoma State University. Indiahoma's high school graduates now are better prepared to compete in college and in life.

Leadership in education like this is being duplicated in small towns and rural communities across the country. Thanks to Morrow Electric Cooperative in Ohio, a student at Fredericktown High School, who dreams of a career in aerospace engineering, can take a calculus class once out of reach. Youngsters in Eddyville,

(Continued on page 4)

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Co-op Efforts Undergird Educat

(Continued from page 3)

Oregon, have access to advanced computer courses through the sat hook-up provided by Consumers Power.

Teacher training and enrichment programs, as well as adult edu courses, are also being offered via satellite with help from local elec co-ops.

It's natural that rural electric cooperatives would provide such ership. They know firsthand how to broaden hometown opportunit pulling local resources together and forging partnerships with othe vate and public institutions. They're also supporting congressional r development initiatives that would include funding for "star school grams using fiberoptics, satellites and other modern technologies to thousands of students receive an education previously unavailable t

Striving for excellence in education is nothing new for rural sc But with a boost from rural electric systems, cooperating with local and federal organizations, students all over the country will walk int lege classes and onto job sites with the necessary science, math and guage skills.

By helping young people prepare for today's competitive socie rural electrics are generating more than electricity . . . they're streng ing the nation's educational foundation.

Cover: Fall In North Carolina's Mount

Our cover this month is a photo by professional photographer Chelko of Charlotte. The shot was made on the North Carolina side Great Smoky Mountains National Park, about 40 miles east of Gatlin TN. Photo © 1988, K. W. Chelko.

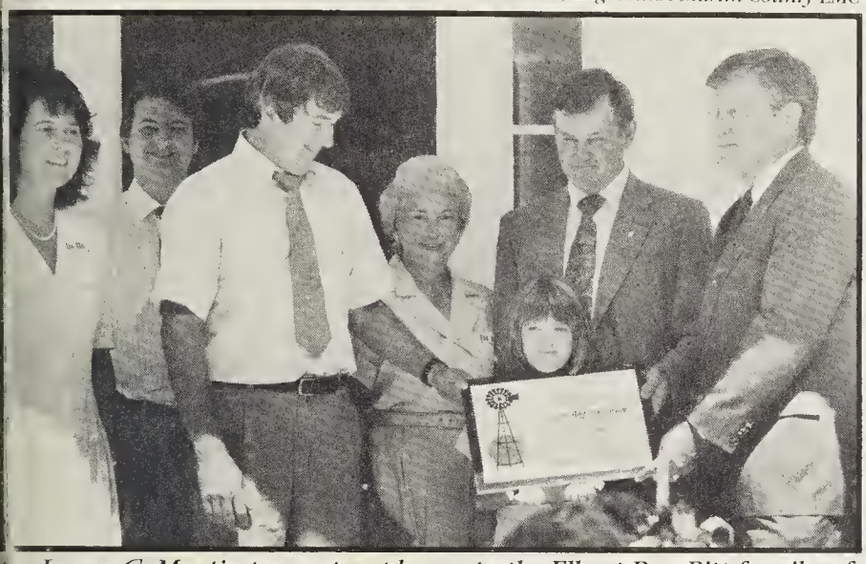
The quote that accompanies the cover photo is a piece of free by novelist John Foster West of Boone, who retired earlier this year the faculty of Appalachian State University. The verse, titled "I Am Blue Ridge," appeared in the book *This Proud Land,* which was pu several years ago by McNally and Loftin, Charlotte. The book is a co of West's verses and photos of mountain scenes by noted photograp Bruce Roberts, who is now on the staff of *Southern Living.*

West's latest book, *The Summer People,* is being published thi the Appalachian Regional Consortium in Boone. It won the agency Appalachian Fiction Award.

We need you.

American Heart Association

—Eddie Stocks/Edgecombe-Martin County EMC



v. James G. Martin presents a plaque to the Elbert Ray Pitt family of gecombe County. The father-son farm family includes Elbert Ray t Sr. and wife Ethel, sons Dale and Elbert R. (Bert) Pitt Jr. and Bert's nily: wife Gwen and daughter Leah. From the left are Gwen, Dale, t, Ethel, Elbert Ray and Gov. Martin. Leah holds the plaque in front ber grandfather.

dgecombe County Family Cited or Farm Conservation Practices

A director at Edgecombe-Martin County Electric Membership rporation (EMC) has been nominated to represent the state in th National Conservation Farmer/Rancher Awards Program.

Elbert Ray Pitt Sr. of Rt. 1, Macclesfield in Edgecombe County, w s recently honored along with his son, Elbert Ray Pitt Jr. in cere- nies featuring Gov. James G. Martin.

The program, sponsored by the National Endowment for Soil a Water Conservation and funded by the DuPont Company, rec- o izes outstanding work in soil and water conservation.

The Pitts were selected in the state competition for innovative c servation techniques they use on their 675-acre farm—balancing e sion control on rolling upgrades and water removal from lowland a eage.

The Pitt family has used a variety of conservation methods in th r years of farming: grassed waterways, drainage, crop residue m agement, critical area seeding, cover crops, minimum tillage, d rsions, terraces and woodland management.

The Pitt family has been active in area conservation groups and h r farm has been used consistently for demonstrations and exper- n nts by the Soil Conservation Service and the N. C. Agricultural Ex nsion Service.

The family will compete with 49 other state winners to deter- m e three national award winners.

The elder Pitt has been on the Edgecombe-Martin County EMC bo d since 1984.

NCSU Student Named A Regional Star Farmer

A 20-year-old Midway resident has been named one of four Regional Star Farmers of America by the National Future Farmers of America (FFA).

Scott McLamb, whose family is served by South River Electric Membership Corporation, Dunn, received the honor based on his agricultural management, return on investment and growth in his agricultural programs.

As a regional winner, McLamb will participate in the FFA Stars International Experience Tour of Europe and compete for the National Star Farmer of America honor at the National FFA Meeting in November in Kansas City, MO.

A partner with his father, Robert, in the family farm, McLamb's farming experience has encompassed beef, swine, tobacco, grain and cotton. His expertise in cotton won him the 1987 FFA Fiber Crops Proficiency Award.

In addition to farming, McLamb also attends N. C. State University.

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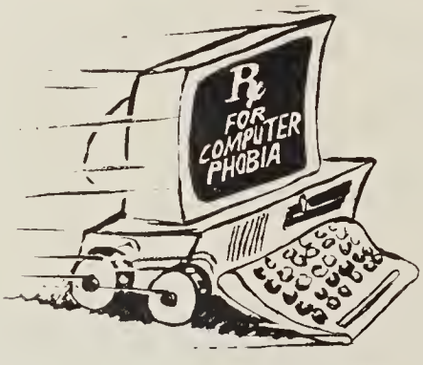
A Cure For Computerphobia

All computer users have experienced something called "computerphobia" at one time or another. It's an unfounded fear that a computer will lock up, blow up or eat up some irreplaceable data.

Sound familiar? Well, fear no more. The North Carolina Agricultural Extension Service has developed a cure for computerphobia. It's ExCEL, a no-pressure, hands-on way of learning about computers, and it will soon be available at various locations across the state.

ExCEL, short for Extension Computer Education Laboratory, is a traveling computer classroom that will be located in each of the eight extension districts. *(See box.)* ExCEL will allow participants to try out a computer for the first time, or if the user is more advanced, learn to use personal or agricultural extension computer programs.

When ExCEL comes to an area, an informal open house is held to help potential users get acquainted with the instructors and feel comfortable in coming to use the lab. Open house visitors will be able to see simple demonstrations of computer software, ask questions, try out a computer, or learn more about the courses to be offered.



Following the open house, one week of ExCEL laboratory time will be devoted to extension agent and staff training. The second and third weeks of ExCEL, however, will be devoted to classes and open time for citizens in the surrounding areas.

At the beginning of each class, a 30-minute computer orientation will be offered. Participants will learn how to turn a computer on and off, to use the keyboard, to "boot up" a computer, use DOS, store and retrieve files and use programs. If the user already knows how to do all of this, he or she can simply skip this part of the class. ExCEL is geared to the user's level of experience.

The second part of the class includes five individual course areas using agricultural extension software. Subjects will include farm budget and enterprise analysis; farm business management systems; swine, horse or dairy ration formulation; animal waste management; home economics software programs on such topics as moisture analysis for residential foundation systems, kitchen computer program, home care, USDA dietary analysis, stress, self-esteem and farm family stress.

ExCEL students will operate a computer to help them learn and understand the programs they are using. If students have software programs they want to try out, or if they just want more computer time to practice what they learn, "free" computer use times will be set aside for that purpose. And assistance will be available during free use times in case a student runs into a problem he or she can't solve alone.

Anyone interested in participating in the ExCEL program should select the site most convenient to them, the extension office in their county to re for ExCEL classes or to get more informa No registration is necessary to use the co lab during free use periods.

Participation is on a first-come, first basis, so interested citizens should sign u Cost of participation is normally $20; ho since this is the first year of the program course fees have been waived.

Program Availabl At Eight Location

The schedule for ExCEL is:

- Raleigh: Wake County Agricultur Extension Office, 4001-E Carya Drive; Oct. 16, open house; Oct. 23-Nov. 3, cla and open use time.
- Waynesville: Haywood County A cultural Extension Office, Federal Bldg., S. Haywood St.; Nov. 27, open house; De Dec. 15, classes and open use time.
- Hillsborough: Orange County Ag cultural Extension Office, 306-E Revere Jan. 22, open house; Jan. 29-Feb. 9, class and open use time.
- Kinston: Lenoir County Agricultu Extension Office, 2026 Pink Hill Rd.; Fe open house; Feb. 26-March 9, classes an open use time.
- Wilkesboro: Wilkes County Agri tural Extension Office, Wilkes County C Bldg., West Street; March 19, open hous March 26-April 6, classes and open use
- Lumberton: Robeson County Ag tural Extension Office, County Governm Center, Interstate 711 and NC 72; May open house; May 14-25, classes and ope use time.
- Lincolnton: Lincoln County Agri tural Extension Office, Citizens Center, West Main St.; June 4, open house; June 22, classes and open use time.
- Williamston: Martin County Agr tural Extension Office, Agricultural Bld 205 West Main St.; July 9, open house; July 16-27, classes and open use time.

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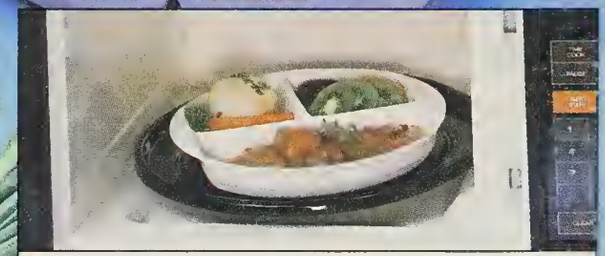

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HERE, THERE & EVERYWHERE

Festival Of Trees Set In Wilmington

More than 80 decorated Christmas trees will be on display at the Festival of Trees, Nov. 25 through Dec. 3, at the Wilmington Hilton.

The festival, sponsored by the Friends of Hospice, will benefit the Lower Cape Fear Hospice, a program of care and support for terminally ill children and their families.

The festival will also feature shopping, handcrafted items, entertainment and Santa Claus.

For more information, contact the Festival of Trees, 5221 Wrightsville Ave., Wilmington, NC 28403. Phone: (919) 392-4313.

Creedmoor Potter Gets UNC-W Honor

Sid Oakley of Creedmoor, whose pottery techniques have earned him recognition across the nation, has been honored as thc 1989 Living Treasure of North Carolina.

The award, presented recently by the Institute for Human Potential at the University of North Carolina at Wilmington, honored Oakley for his lifelong achievement in his craft and for his Cedar Creek Gallery in Creedmoor, which houses work by more than 250 artists.

Oakley, a native of Granville County, is represented in collections at Duke University, the N. C. Museum of History and various corporate collections.

Letter Writers Sought To Cheer U.S. Servicemen

Breaking the chain of loneliness with a holiday card from "back home" is the purpose of Military Mail Call, a non-profit organization that's now working on its 1989 Christmas Mail Call.

More than 125,000 servicemen throughout the world received letters last Christmas through Mail Call—many of them from thoughtful North Carolina residents.

Louise L. Strickland of Woodland and Elizabeth B. Thacker of Ruffin were two of the top letter writers in the nation in 1988. Each sent out 400 letters as part of the program.

A number of Tar Heel organizations were among the top participants. They were: the Disabled American Veterans, Eden Unit #63; Memorial Methodist Church, Thomasville; Fort Bragg; Pfeiffer College, Misenheimer; Bartlett-Yancey Senior High School, Yanceyville and Butner-Stem Elementary School, Butner.

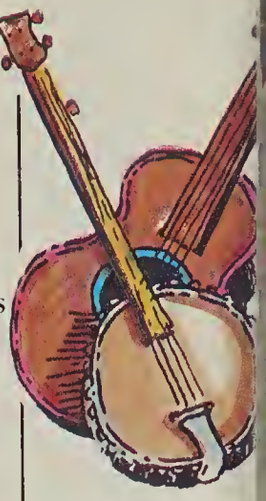
For more information on Mail Call, send your name and address plus a first-class postage stamp to: Mail Call, Box 988, St. Robert, MO 65583.

Author John Ehle Gets '89 Laurel Leaves Award

Author John Ehle was recently honored with the Laurel Leaves Award for his work in improving the quality of life in North Carolina mountain region.

The award, presented by Appalachian State University's Appalachian Consortium, honored Ehle for his activities in the Penland School of arts and crafts in Mitchell County, his help in the creation of the School of Arts in Winston-Salem and his writing career—which includes 10 novels.

The Appalachian Consortium, an educational organization dedicated to mountain culture, has presented the Laurel Leaves Award since 1976.



'Down Home' Festival Set In Richlands

Bluegrass and country music w in ample supply "Down Home Sc Arts and Crafts F val, Nov. 5, in do town Richlands.

More than 10 artists and crafts will be on hand playing and selli various works at festival includin tery, basketwea quilting and wo working. In add to various musi

Goldsboro Hosts "Showcase Of Do

More than 100 dolls will be exhibited and judged at the "Showcase of Dolls" show, Nov. 4-5, at the Wayne Center in Goldsboro.

In addition to the show and competition, sales booths will be operated with handmade and antique dolls and doll furniture for sale

The show will from 1 to 5 p.m. day with admissi being $1.50. Chi under 12 will be admitted free.

For more info tion on the show tact the Wayne County Extensi Office, P.O. Box Goldsboro, NC

HERE, THERE & EVERYWHERE

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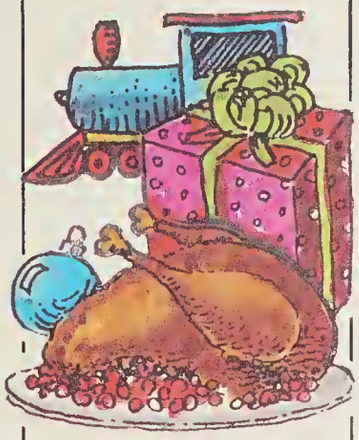
Wildlife Art To Highlight 1990 Calendar

Attractive art work will grace the pages of the 1990 North Carolina Wildlife Calendar, which is now available by mail.

The calendars can be purchased for $6 each—plus North Carolina sales tax. The sales tax does not apply on out-of-state orders.

To order, send a check and your home address to: N. C. Wildlife Resources Commission, 512 N. Salisbury St., Raleigh, NC 27611. Allow 4-6 weeks for delivery.



Charlotte Show Offers Preview Of Holidays

Folks can get a sneak peak at the holiday season at the Southern Christmas Show, Nov. 9-19, at the Merchandise Mart in Charlotte.

The show will feature holiday food and recipes, old fashioned gift shops, festive trees, Santa Claus, model trains and much more.

The show will run from 10 a.m. to 9:30 p.m. daily—10 a.m. to 6 p.m. on Sunday. Adult tickets are $5 at the door.

For more information on the show, contact the Southern Christmas Show, P.O. Box 36859, Charlotte, NC 28236. Phone: (704) 376-6594.

Mistletoe Show/Sale In Elizabeth City

More than 70 booths, featuring various craft items, will greet visitors at the 12th Annual Mistletoe Show and Sale, Nov. 10-12, at the Knobbs Creek Recreation Center in Elizabeth City.

The show, sponsored by the Elizabeth City Junior Woman's Club, will run from 10 a.m. to 9 p.m. the first two days and from 1 to 5 p.m. the final day. Admission to the show is $2 for adults, $1 for senior citizens with children under 10 admitted free of charge.

For more information, contact Billie Buell, P.O. Box 2247, Elizabeth City, NC 27906. Phone: (919) 335-2981.

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HERE, THERE & EVERYWHERE

Disaster Relief Funds Go To Rutherford EMC

Rutherford Electric Membership Corporation, Forest City, recently received more than $36,000 in disaster relief funds to help pay for damages suffered during last May's tornadoes.

The money, which came from state and federal relief funds, will help cover the cost of the EMC's transmission, distribution and structural damage caused by the severe weather.

The relief funds represent 75 percent of the total assistance the EMC's expects to receive. Damages to the EMC's system in Lincoln County amounted to almost $47,000.

South Brunswick Islands To Host Oyster Festival

The taste of oysters will be easy to find at the Ninth Annual North Carolina Oyster Festival, Oct. 21-22, in the South Brunswick Islands.

In addition to ample varieties of seafood, the festival will also feature arts and crafts, a beach run, a tall tale telling contest, live entertainment and the N. C. Oyster Shucking Championship. More than 20,000 people are expected for the event.

Food will be served from noon to 7 p.m. the first day and 1-5 p.m. the second.

For more information, contact the South Brunswick Islands Chamber of Commerce, P.O. Box 1380, Shallotte, NC 28459. Phone: (919) 754-6444.

New Art Exhibit Features Works From The Whitney

An exhibition of works on loan from the Whitney Museum in New York will be featured at Raleigh's North Carolina Museum of Art through Dec. 31.

Entitled, "Immaterial Objects: Works from the Permanent Collection of the Whitney Museum of Art," the exhibit will feature efforts by 15 American artists including Carl Andre, Mel Bochner, Dan Flavin and James Turrell.

The exhibit will focus on such immaterial objects as light and sound—with paintings, drawings and experimental creations being featured.

For more information on the exhibit or any of the museum's programs, contact the museum at 2110 Blue Ridge Blvd., Raleigh, NC 27607. Phone: (919) 833-1935.

NCDA Offering Gift Catalog

A gift catalog promoting various agribusiness companies in North Carolina is now available from the N.C. Department of Agriculture (NC

The *North Car* *Gift Catalog,* a co erative effort inv ing various comp and the NCDA's I sion of Marketing offers more than items—including Christmas trees, potatoes, peanut hams and catfish.

Many of the m order companies listed offer variou other products through their ow catalogs. People interested in pur ing items in the catalog will deal directly with the companies listed not with the NC However, the sta agency is familia all companies lis and recommend products as safe of good value.

To obtain a ca call or write: *Gif Catalog,* NCDA, Box 27647, Rale NC 27611. Phon (919) 733-7887.

Davidson County Rag-Rug Maker Among Winners Of 1989 Folk Heritage Awards

Sallie Ferebee Parnell of Davidson County, a 102-year-old rag-rug maker, has been named one of six recipients of the 1989 North Carolina Folk Heritage Awards.

The awards, sponsored by the N. C. Arts Council, honors Tar Heel folk artists who have demonstrated significant accomplishment in their artistic work. The purpose of the award is to recognize artists whose work is rooted in the state's traditional and ethnic cultures.

Each winning artist will receive a $2,000 cash grant and be honored at a special award ceremonies next spring in Raleigh.

"Aunt Sallie" Parnell learned the art of rug weaving more than 90 years ago—using discarded materials and remnants for her work.

Other winners include: the Badgett Sisters (Cleonia Graves, Celester Sellars and Connie Stedman), a "jubilee-styled" gospel group from Caswell County; Dellie Norton of Madison County, a folk singer of English and Anglo-American ballads; Walker Calhoun of Swain County, a performer in traditional Cherokee Indian music and dance; Wilma McNabb of Cherokee County, a weaver of intricately patterned coverlets and Earnest East and Benton Flippen of Surry County, masters of banjo and fiddle who perform tunes rooted in the foothills of northwest North Carolina.

Two EMCs Elect Six Directors

total of five incumbents and one new- have been elected to the Boards of Direc- two North Carolina Electric Membership rations (EMCs) during recent co-op meetings.

Albemarle EMC, Hertford — Re-elected Charles H. Mathews of Rt. 5, Hertford and W. Meiggs of Star Rt. 2, Camden.

ected for his first term was Thomas an of Rt. 3, Edenton. He succeeds Joseph im of Rt. 1, Tyner, who chose not to seek tion after serving 21 years on the board.

oard officers for the coming year are: L. A. Jr. of Rt. 4, Elizabeth City, president; Meiggs, vice president and Walter R. Lowry t. 4, Elizabeth City, secretary-treasurer.

Haywood EMC, Waynesville — Re-elect- e Emmit P. Wood of Scaly Mountain; Edwards of Rt. 3, Waynesville, and John W. of Rt. 1, Clyde.

oard officers for the coming year are: John ers, president; Emmit P. Wood, vice pres- nd Joe Davis of Waynesville, secretary- er.

ay Program r Nov. 18 ston Museum

s in the Gaston area can get e holiday spirit y attending the rt Christmas m at the Gaston Museum Nov.

program will vith Travis Led- ecial projects nator at Bilt- states. Ledford a presentation des on "A Vic- Christmas at more Estate." lunch, the on session will Robert McLy-

more, extension safety specialist at N. C. State University. McLymore will lead a hands-on session on decorating with live floral arrangements.

Tickets for the programs are $15 for museum members and $17 for non-members. For more information, contact the Gaston County Museum, P.O. Box 429, Dallas, NC 28034. Phone: (704) 922-7681.

Annual Meetings Calendar

Date	Electric Membership Corporation	Time	Location
October			
17	Lumbee River, Red Springs	Registration: 6:00 p.m. Business Meeting: When quorum is reached.	Givens Performing Arts Center, Pembroke State University
21	Davidson, Lexington	Registration: 10:00 a.m. Business Meeting: 11:00 a.m.	Central Davidson Senior High School, Hwy. 47, Lexington
23	Four County, Burgaw	Registration: 6:00 p.m. Business Meeting: 7:30 p.m.	Pender High School Gym, Hwy. 53, Burgaw
28	Rutherford, Forest City	Registration: 10:00 a.m. Business Meeting: 11:00 a.m.	East Rutherford High School, Forest City
November			
3	Brunswick, Shallotte	Registration: 9:30 a.m. Business Meeting: 1:00 p.m.	Smith's Warehouse, Whiteville
4	Tri-County, Dudley	Registration: 12:30 p.m. Business Meeting: 1:30 p.m.	Spring Creek Elementary School, Seven Springs
9	Pitt & Greene, Farmville	Registration: 6:45 p.m. Business Meeting: 7:30 p.m.	Farmville Central High School, Farmville

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Tar Heel Economy: 34 Percent Agribusines

Agribusiness accounts for more than one-third of the state's $105 billion gross state product, according to a new study of North Carolina economics.

The study, conducted by North Carolina State University economist Dr. Michael L. Walden, determined the value-added economic impact of agriculture, life sciences and food sectors combined with the textile and forestry sectors. Agriculture Commissioner Jim Graham said the study was strong evidence that agribusiness is extremely healthy in the state.

"Mark Twain once said rumors of his death had been greatly exaggerated," said Graham. "The same is true of agriculture; it is alive and well in North Carolina and this study proves just that."

Using figures for 1987, the study concluded that agribusiness contributed almost $36 billion to the state's economy. The study also found that agribusiness accounted for more than 28 percent of all jobs in the state.

Dr. Larry Tombaugh of the NCSU College of Forest Resources, said the study should be a clear sign to Tar Heel citi that agribusiness continues to have a major impact on the state's economy.

"It is essential that policymakers and t citizens of the state know that agriculture a forestry are major contributors to our economy," he said.

Although the agribusiness sha the economy has dropped from mo than 40 percent in 1962 to its curr 34 percent, Dr. Walden said the fig have been stable for the past decad may get stronger.

"I believe there is some good news he the North Carolina economy," Dr. Walden "By accounting for about a third of the tota economic output, these traditional industri are still very important to the state. They h been remarkably stable over a long period time."

Agribusiness leaders also viewed the s as a recruiting tool to boost future agribus development. Said Graham: "As a result of t agribusiness study, agricultural recruitmen development staff can show companies tha North Carolina has a strong agricultural ba and a healthy agribusiness environment."

Three Awards Recognize Distinguished Service

Three leaders in agribusiness have been honored with distinguished service awards from the North Carolina Agribusiness Council.

The Council's Governor's Awards were presented to Ted L. Bissett of Spring Hope, for agricultural production; Concord Farms, Inc., of Concord, for processing and marketing and Blake C. Lewis, Jr. of Washington, for service and supply.

The awards were presented by Wayne A. Corpening, Winston-Salem mayor and founder of the Agribusiness Council, at the Council's 20th annual meeting in Raleigh.

Jack A. Laughery, chairman and chief executive officer of Hardee's Food Systems, gave the meeting's keynote address—stressing the link between his compan agribusiness in the state.

Laughery told the crowd of about 400 that Hardee's uses as ma Heel products as possible, and that—except for some imported spi his company depends solely on American-raised meat and produce.

He said his company would soon build a chicken processing c

Ted L. Bissett

Blake C. Lewis Jr.

Jim Christophe

orest City to work in combination with the
's pork processing center that's already
rating there. When the new facilities are
pleted, the company will have the capacity
rocess about 150,000 chickens a day.

The Governor's Awards cited Bissett for his
us farming ventures in Nash, Franklin and
on Counties. He raises more than 1,000
s of sweet potatoes, 165 acres of tobacco
200 acres each of soybeans and wheat.

Concord Farms was honored for its rapid
th—from start-up in 1978 to production
ore than six million ducklings last year. Its
ucts reach every state and more than 20
gn countries. Jim Christopher, president
EO of Concord Farms, accepted the
d.

For his lifelong service to agribusiness in
tate, Lewis was honored for his 30-year
r in broadcasting and print advertising
. Currently the vice president of sales and
eting for *Carolina Farmer,* a monthly farm
paper, Lewis has used his position to pro-
the state's agribusinesses.

Group To Promote Agribusiness

Promoting Tar Heel commodities will be the purpose of North Carolina Agricultural Promotions (NCAP)—a non-profit venture involving the state's agribusiness community and the Marketing Division of the N. C. Department of Agriculture (NCDA).

Carlyle Teague, newly elected chairman of NCAP's Board of Directors and president of the N. C. Cooperative Council, said the new corporation will have a narrow focus.

"The purpose of this corporation will be singular—to promote North Carolina agriculture," he said. "We will encourage contributions from all companies interested in North Carolina agriculture, and solicit specific companies when promotions are forthcoming that are directly related to these companies."

Wayne Miller, director of NCDA's division of marketing, will act as the corporation's president.

"I am looking forward to working with the corporation, and see it as a major benefactor in the promotion of North Carolina agriculture," he said. "We will work to increase the demand for raw products from our North Carolina farmers of many different commodities."

NCAP membership is open to producers, processors and handlers of Tar Heel agricultural commodities. For more information, contact NCAP at P.O. Box 27647, Raleigh, NC 27611. Phone: (919) 733-7887.

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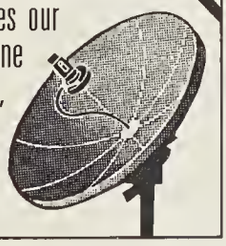

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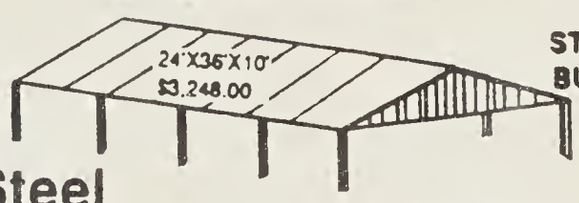

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Acquaculture Conference Scheduled In Greenville

Turner Arant, chairman of the board of Delta Catfish, Indianola, MS, will be the featured speaker at the Second Annual North Carolina Aquaculture Development Conference, Nov. 8-9, in Greenville.

The conference, sponsored by various North Carolina agencies, including the N. C. Department of Agriculture (NCDA), will cover three major areas of aquaculture: permits, marketing and financing.

The conference will also include tours of area catfish and hybrid striped bass operations.

Arant, a catfish farmer for 29 years, was one of the first producers of catfish in Mississippi. He now owns more than 1,300 surface acres of catfish ponds.

He is past president of the Catfish Farmers of America and helped organize the Mississippi Farm Aquaculture Bureau.

Registration fee for the conference is $35. For more information, contact the Northeast Marketing Center at the NCDA in Elizabeth City at (919) 338-6200.

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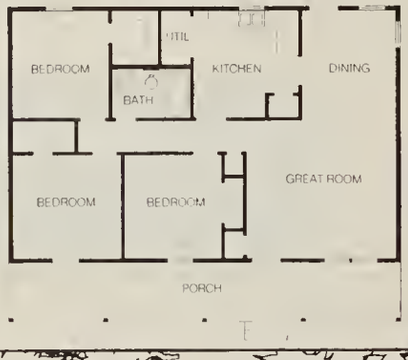

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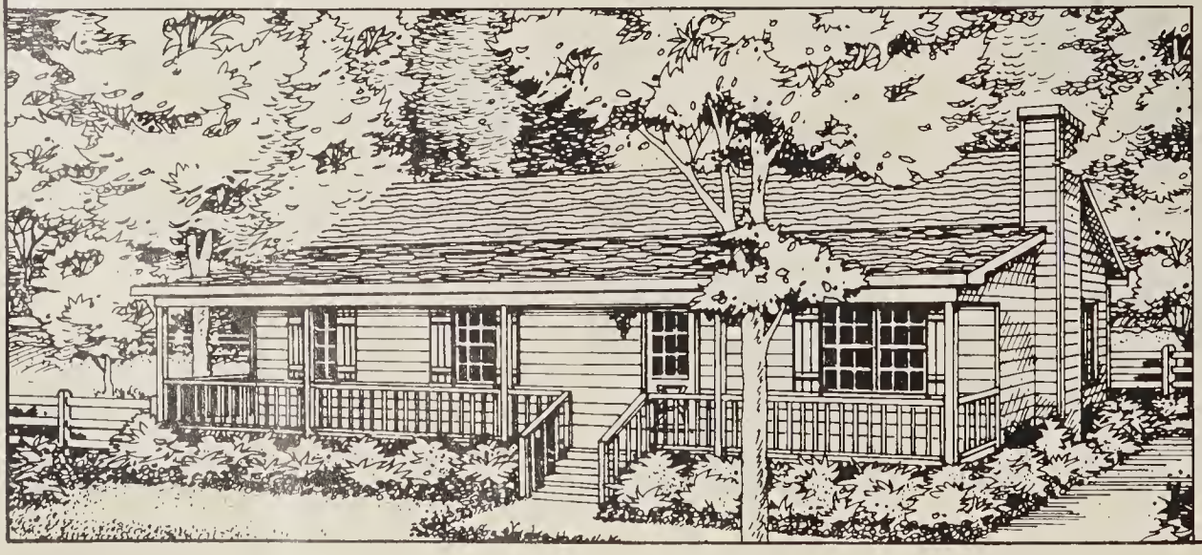

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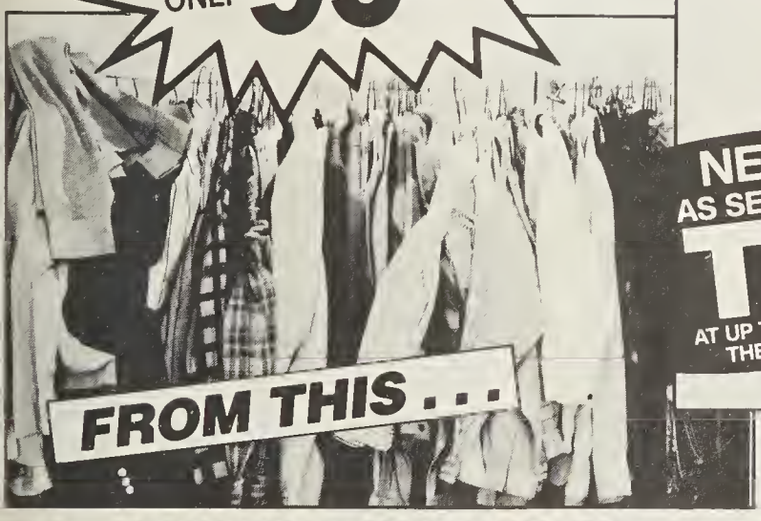

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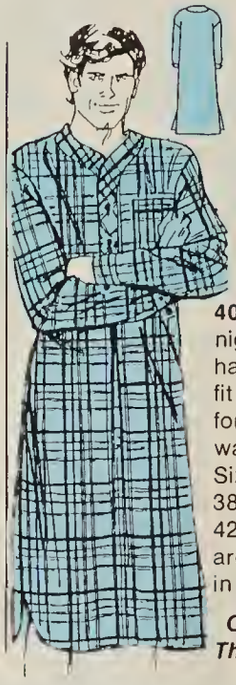

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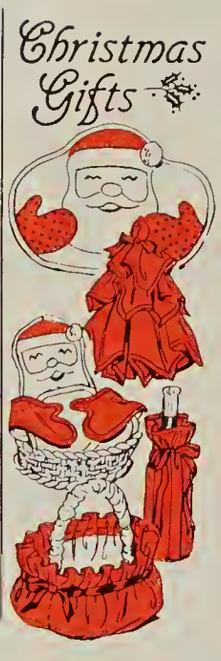

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North Carolina Hunters' Breakfast

Submitted by Ms. Susanne Millhof, Snow Camp

6 potatoes, boiled and peeled
1 medium onion, diced
2 C. ham, cubed
8 slices bacon, fried and crumbled
2 T. vinegar
2 T. parsley
1/2 C. shredded cheese
6 eggs, scrambled

In a 10-inch skillet, fry bacon until crisp. Drain bacon and crumble, set aside. Add precooked potatoes to skillet and chop into small pieces, stirring until brown. Add all remaining ingredients to skillet, saving eggs until just before serving. Fold eggs into skillet mixture evenly. Serve hot with homemade biscuits and jelly. (Serves 6).

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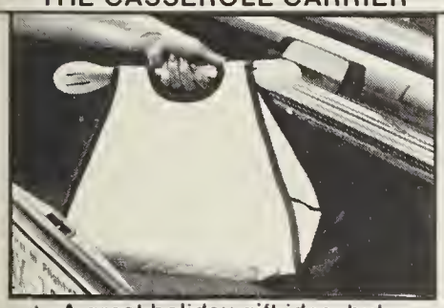

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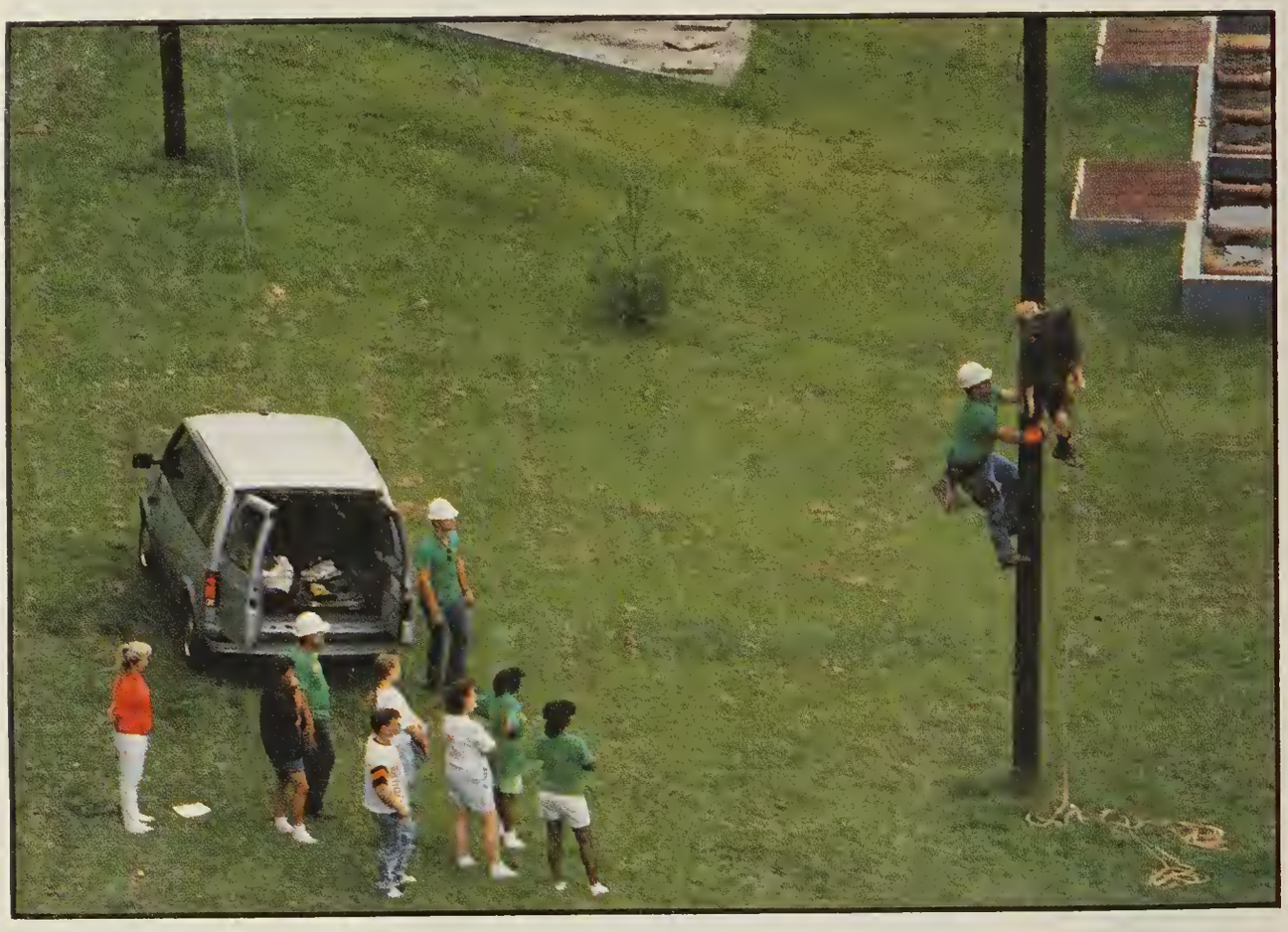

Two instructors an several students attending the 198 Youth Energy Retr at Betsy Jeff Penn Center near Reidsv observe Talmadge Evers, a job trainin and safety specialis with the North Ca lina Association o Electric Cooperati (NCAEC), demons pole-top rescue tec niques as part of t weekend retreat. NCAEC sponsors t retreat to educate school students ab energy and co-op operations.

Retreat Draws 26 Students

Learning more about electric cooperatives was a top priority for the high school students attending the Second Annual Youth Energy Retreat, Aug. 11-13, at the Betsy Jeff Penn 4-H Center near Reidsville.

The retreat, sponsored by the North Carolina Association of Electric Cooperatives (NCAEC), hosted 26 high school students representing 11 Electric Membership Corporations across the state.

Organized as part of an effort to educate young people about the operation of EMCs, the program featured presentations by various EMC employees, representing diverse occupations—district managers, member services representatives and job training and safety specialists.

The young people also had a chance to take a ride in the bucket of a bucket truck, witness a pole-top lineman rescue demonstration and simulate what it would be like to be an elderly EMC member.

The retreat also had its fun side as participants found time to swim, canoe and play ball while getting to know one another.

"We've been very pleased with the reaction to the Youth Energy Retreat," said Dan Cook, senior information specialist at NCAEC and retreat director. "The participants left knowing a lot more about the EMCs—but they have also had a lot of fun in the process."

Various other NCAEC staff and youth coordinators from several EMCs assisted with the retreat's training and recreation programs.

—Lorrie Constantinos/

Participants in the Youth Energy Retreat wo together to build a cardboard tower in a tea building exercise. Left to right are Jeremy Bl of Lexington, Kathryn Taylor of Enfield, Me Wilson of Clyde, Kesha Bennett of Jackson Heather Guptill of Burgaw, Jonathan Pavel Tarboro and Amanda Messer of Willow Spr

uth Ambassadors To
e Liaisons For EMCs

Ten North Carolina high school students been named Youth Ambassadors for the s Electric Membership Corporations Cs).

The Youth Ambassadors were selected tly at the statewide EMC organization's Energy Retreat—a weekend session fea- various programs on EMC operations and ical safety.

Members of the group will serve as liaisons een the state's EMCs and various youth and ol organizations.

"These students have become extremely ledgeable about how EMCs operate and sics of electrical safety," said Dan Cook, information specialist with the statewide organization. "They will do an outstanding communicating that knowledge to their "

Cook said the Energy Retreat was initiated 8 to broaden the EMCs' efforts to com- ate with young people about rural ification.

"Most high school students have little tunity to learn about cooperatives and hey operate," he said. "Even if their family ed by an EMC, they may know little about pt that it provides basic electric service."

The Youth Ambassadors include two stu- representing Four County EMC, Burgaw: I. Paluck and Heather C. Guptill, both of w.

ther ambassadors are: Jeremy A. Black of ton, representing Davidson EMC, Lexing- nathan K. Pavelsky of Tarboro, represent- gecombe-Martin County EMC, Tarboro; n N. Taylor of Enfield, representing EMC, Enfield; Kerri A. Clontz of Clyde, enting Haywood EMC, Waynesville; Kesha nett of Jacksonville, representing Jones- v EMC, Jacksonville; Johnnie E. Rascoe of or, representing Roanoke EMC, Rich ; Amanda C. Messer of Willow Springs, enting South River EMC, Dunn and Chris- ale of Bolivia, representing Brunswick hallotte.

—*Jeff Lowe/South River EMC*

Ten Youth Ambassadors have been selected to serve as liaisons between the state's Electric Membership Corporations and various youth and school organizations. They were chosen from among participants at the 1989 Youth Energy Retreat sponsored by the North Carolina Association of Electric Cooperatives. The students are, from the left, front row: Heather Guptill, representing Four County EMC, Burgaw; Kathryn Taylor, Halifax EMC, Enfield; Johnnie Rascoe Jr., Roanoke EMC, Rich Square; Kesha Bennett, Jones-Onslow EMC, Jacksonville; Mae Paluck, Four County EMC, Burgaw; Kerri Clontz, Haywood EMC, Waynesville. Back row: Christie Hale, Brunswick EMC, Shallotte; Jeremy Black, Davidson EMC, Lexington; Amanda Messer, South River EMC, Dunn and Jonathan Pavelsky, Edgecombe-Martin County EMC, Tarboro.

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Ideas For Holiday Handiwork

Here are a few ideas for holiday handiwork you can use this Christmas season.

Simple crocheted items could become elegant decorations with the help of the six-page *Cotton Crochet* guidebook. The full color publication shows how to take such items as crochet cotton, ribbon, a foam ball and plastic wrap to come up with beautiful holiday items.

Also included in the book are a dozen other projects such as a dainty purse, place settings and bonnet trimming.

Tatting, a series of knots made with a tatting shuttle, will be easy with the help of *Gloria's Tatting*, a 16-page guidebook. The book gives instructions, materials lists and photos to help you along.

The basic knots you'll use are the half hitch and over stitch, which form a double stitch . . . the basic knot of tatting. Once you've mastered this knot, there's no limit to the beautiful items you can make!

For the woodworker, the *Animal Ark* guidebook will take you step-by-step through the process of making the ark and wooden animals suitable for any stocking. There are no rough edges and the animals are all approximately 4″ x 4″—well within the established safety requirements.

Cotton Crochet is available for purcha through the mail for $4.75 and *Gloria's Tat* for $5.25. Send your check to Lois Goodso *Carolina Country,* P.O. Box 2383, Van Nuy 91409. Send your check for $4.50 for *Anim Ark* to Steve Ellingson, *Carolina Country,* Box 2383, Van Nuys, CA 91409.

All prices include postage and handlir

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How to Make Your Arteries Cleanse Themselves

Without Drugs or Surgery

Edwin Flatto, M.D.

(SPECIAL FEATURE)–Good news for everyone who is health conscious! A remarkable new health guide by Dr. Edwin Flatto is now available that reveals a medically tested method that can stimulate arteries to cleanse themselves–the natural way–without drugs or surgery.

It's called "Cleanse Your Arteries & Save Your Life." And it shows you exactly how nature can activate your body's built-in artery cleansing mechanism once you stop eating the wrong foods. It also warns you of the potential danger of certain so-called "cholesterol" diets.

Your own doctor will tell you that partially blocked arteries can produce many of the following symptoms. And he'll also agree that many of these symptoms may be improved once circulation is enhanced and the cleansing process begins. "Cleanse Your Arteries & Save Your Life" is based on documented scientific principles that can help:

- **Reduce chest pain (angina)**
- **Reduce the risk of bypass surgery**
- **Lower the incidence of heart disease**
- **Reduce dizziness & loss of balance**
- **Improve a partial loss of hearing**
- **Help clear up ringing in the ears**
- **Help clear up leg pain, cramps or tiredness in the legs**
- **Stimulate your body to produce a natural substance that seems to protect against heart attack**
- **Make your body dispose of cholesterol**
- **Thin out sludgy, poor circulating blood**
- **Reduce blood triglyceride levels**
- **Lower high blood pressure naturally**

By following Dr. Flatto's advice you can feel better than you have in years. You'll learn which delicious foods to eat and which to avoid. And you'll probably have more energy than you know what to do with. Here's a small sample of the useful and helpful information in this valuable aid to better health:

- **When women run higher risks for heart attacks**
- **Which vitamins seem to offer protection against heart disease**
- **Which health foods may be dangerous**
- **The real truth on chelation therapy**
- **The real truth on Omega-3 fish oils**
- **The real truth on polyunsaturated fats**
- **How to calm your nerves naturally**
- **What simple food helps weight loss**
- **Relieve gas and constipation naturally**

Right now, as part of a special introductory offer, you can receive a special press run of "Cleanse Your Arteries & Save Your Life" by Edwin Flatto, M.D. for only $8.95 plus $1 postage and handling. It is not available in any bookstore. It is only available through this special offer on a 30 day Money Back Guarantee.

HERE'S HOW TO ORDER: simply write your name and address on a piece of paper and mail it along with cash, check or money order for only $9.95 to: THE LEADER CO., INC., Publishing Division, Dept. 104, P.O. Box 8347, Canton, Ohio 44711. (Make checks payable to The Leader Company.) VISA or MasterCard send card number and expiration date. Act now. Orders will be fulfilled on a first-come, first serve basis.

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Before Planting

Lush Lawn Takes Planning, Preparation

Getting a lawn off to a good start begins before the first seed is ted. Extension specialists at North Carolina State University recom- d the following site preparation steps:

- Remove debris (bricks, boards, etc.) and rid the site of weeds g a nonselective herbicide such as Roundup or Kleenup.
- Plan the lawn so it has no hard to maintain features such as ter- s, steep grades, poorly drained areas or heavily shaded spots.
- Remove the top 4 to 8 inches of soil, pile it nearby and shape the rlying soil to the desired contour, then recover the site with the top- a 2 or 3 percent slope is needed for proper drainage away from build- . Don't bring in topsoil from other sites; it may contain hard-to-control ls or weed seeds.

To prepare the soil, specialists recommend these steps:

- Mix 1 to 2 cubic yards of well-rotted sawdust or reed-sedge-peat ,000 square feet into the top 6 to 8 inches of subsoil if heavy clay or sandy soils are present. Clay soils often need frequent aeration to compaction.
- Take soil samples to determine soil pH and nutrient requirements. ct soil samples to a depth of 3 to 4 inches from several locations and mix them together to produce a composite sample. Send about one cup of the sample to your county office of the N. C. Agricultural Extension Service for analysis.
- Incorporate lime and phosphorus into the top 6 to 8 inches of soil using a roto-tiller or disk. It's important. Unless the entire potential root zone is uniformly limed and fertilized, turf- grass roots will never successfully occupy this zone and will die during stress periods.
- In the absence of a soil test, apply 75 pounds ground limestone and 5 pounds phos- phorus per 1,000 square feet by using a starter- type (high-phosphorus) fertilizer and uniformly mixing it into the top 4 inches of soil.
- Rake or harrow the site to establish a smooth and level final grade. Soil particles should be golf ball-size or smaller—pea gravel-size is even better. Hand raking is the best way to level the soil and work out hills and hollows. Allow time for rain or irrigation to settle the soil. Hand rake again to break up the crusty surface prior to seeding.

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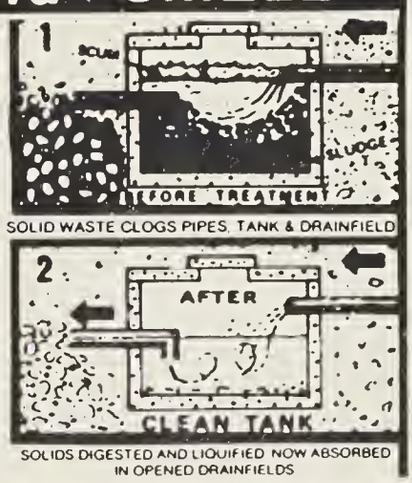

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Energy Assistance Program Offers $17 Million For Tar Heel Families

More than 150,000 low-income North Carolina families may be eligible for financial assistance through the federal Low Income Energy Assistance Program.

The program, which helps low-income families with energy bills during cold weather, will make available about $17 million to Tar Heel citizens.

To qualify, families must be at or below 110 percent of the 1989 poverty level. The federal level is $735 a month for a family of two and $1,109 a month for a family of four.

In addition, the household's financial assets must have a total value of $2,000 or less.

All households must apply for the aid through their county social services department. Elderly or disabled individuals may apply by telephone or by sending a representative to apply for them.

Applications for assistance will be taken through Nov. 22. For more information, contact your county social services department or call toll-free: (800) 662-7030.

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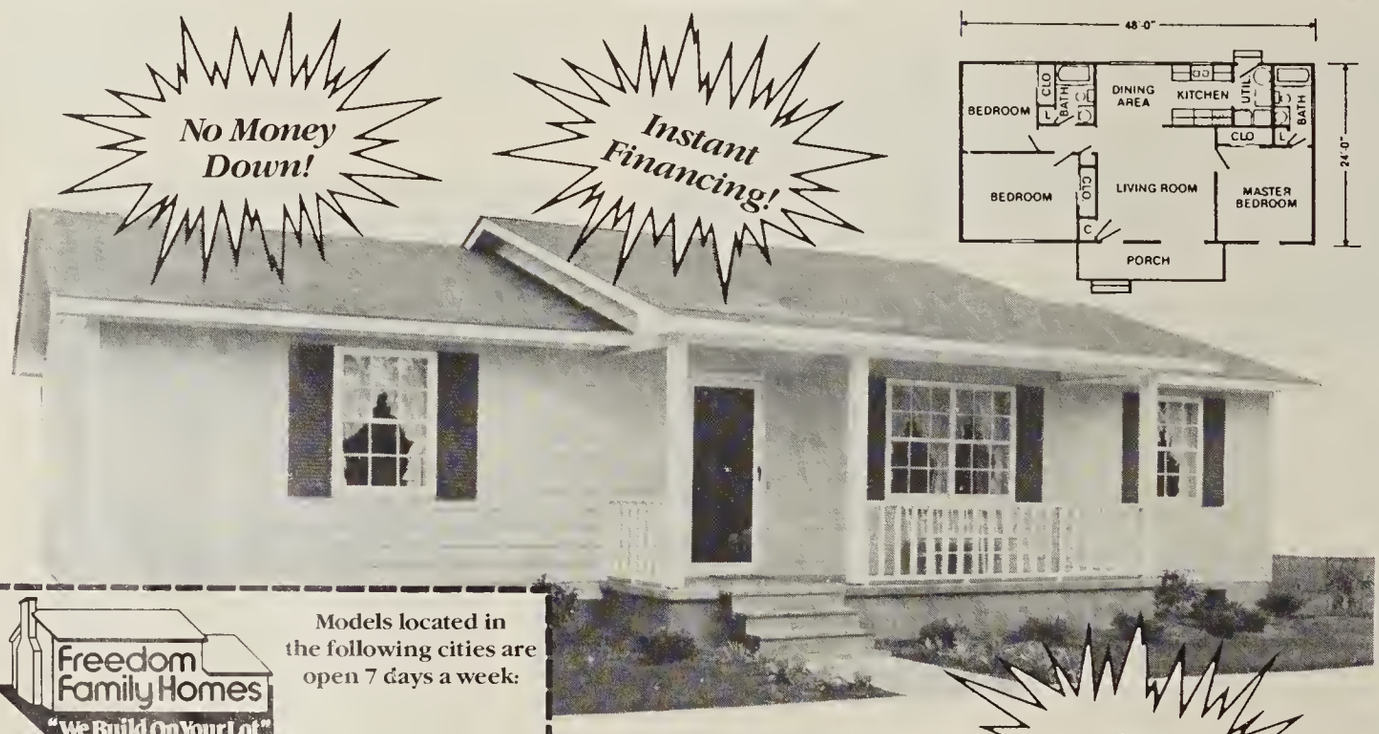

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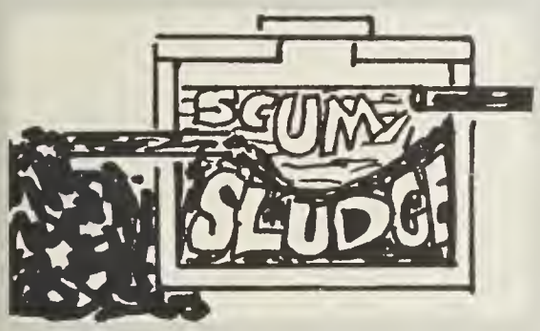
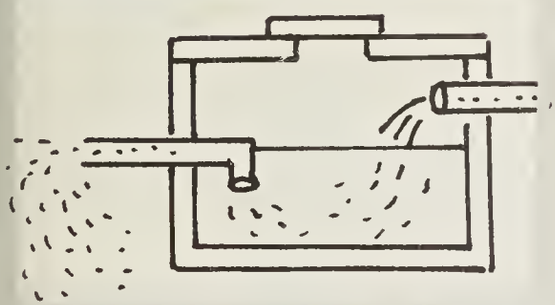


Septic Tank After



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HANK'S GARDENING GUIDE

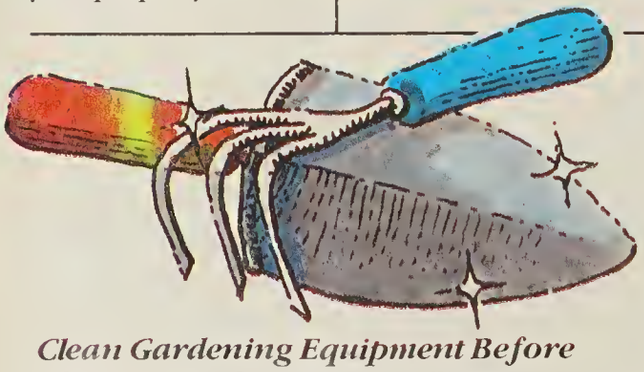
Now's a time of bright crisp days, cool nights and activity in the garden. Soil that's still warm from summer makes for ideal gardening activities. Fall is a prime period for planting trees and shrubs. It's time to divide perennials and complete plantings of spring-flowering bulbs. Plant container-grown woody ornamentals at this time.

And, this is the season to evaluate your landscape. Finalize plans for plantings to increase the aesthetic and monetary value of your property.

Care for Houseplants

During warm days of autumn, give houseplants a last breath of fresh air before confining them indoors for the winter. When you move them outdoors, give them a light application of fertilizer and sufficient water to help them take advantage of this valuable growing time.

If any plants have become rootbound, in need of repotting, this should be done now. Plants will have time to become established before cold weather arrives.



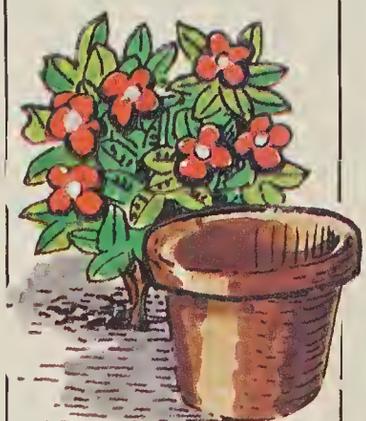
Clean Gardening Equipment Before Placing It In Storage For Winter

As some phases of gardening activities come to a close, check garden equipment before placing it in storage for the winter.

Clean soil-working tools thoroughly in a bucket of dry sand to which a small amount of oil has been added. Plunge the tool in the bucket and work it around in the sand. Remove and wipe clean.

Paint a band of bright red or yellow on handles of small tools that are easily misplaced or "lost" while working the garden. A bit of bright color will make a trowel or hand clippers "jump out" from the lawn or plant bed.

Mark any equipment needing repair so this job can be done before the tool is needed next spring.



If you have any non-hardy plants growing in the yard, they should be potted now if you want to overwinter them inside. Good examples are such tropicals as fancy-leaf crotons and Chinese hibiscus. If you wait until the danger of frost is present, the shock of both digging and moving indoors at the same time may be too great to overcome. Plants respond better to more gradual transition.

Soil for potting and repotting can be purchased at garden supply stores and nurseries. If you mix your own, use equal parts of soil, peat moss and sand. This mixture provides good soil aeration, a moisture-holding texture, and a good support for the plant. To kill insects, disease organisms, and weed seeds, moisten the mix and place it in a pre-heated 200-degree oven for thirty minutes. To avoid odors, place the soil mix in a plastic roasting bag and seal.

Pots and containers should be thoroughly washed in hot, soapy water.

Selecting Camellias

Choose varieties of camellias which will bloom in the late spring. Plants blooming in January and February are more likely to have their flower buds injured by cold.

Fall-flowering sasanqua camellias usually withstand more cold than do any of the camellia japonicas.

Feed Pansies

About a week or ten days before you plant pansies, apply about two pounds of 8-8-8 fertilizer to a 100-square-foot bed. Work fertilizer well into the top six inches of soil.

Make a second application of the same amount of tl fertilizer in early J ary. In early Marcl make a third appli tion of the same. A each application, work the fertilize into the soil, takir care not to distur roots.

Mass Bulbs For Striking Effect

If you plant bul large masses, you bound to get a st ing effect next sp

It's best to plan fewer than seven bulbs in one grou And they should a of the same varie

There are two requirements for bulbs: good drai and a soil that is n too hard and hea dry, hard soils, w in a four- to five-i layer of old sawd or compost. Also in about two par complete fertiliz per 100 square f

Lawn Care

Apply a comp fertilizer to the l at the rate of 15 pounds per 1,00 square-feet of ar Both cool-seaso warm-season gr will benefit. Coo son grasses are i active growth; w season grasses w

By Hank Smith

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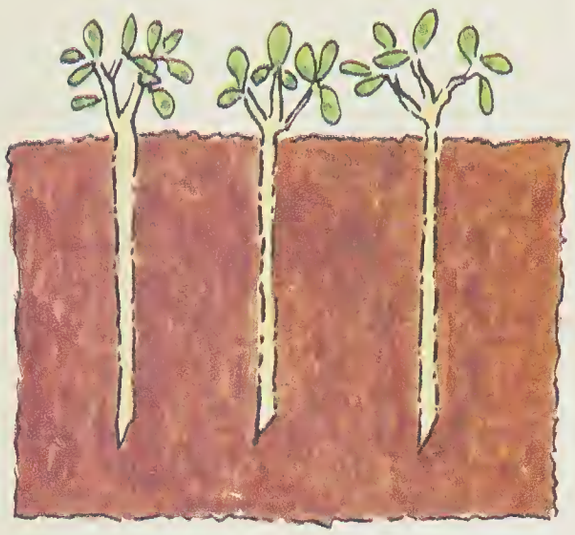

Use Cuttings To Propagate Shrubs

Most flowering shrubs can be propagated by means of hardwood cuttings taken at this time. Make cuttings of mature wood, eight to ten inches long. Set them in rich garden soil, leaving about two inches above ground.

Or, place cuttings in large tin cans with drainage holes.

Timely Chores

1. Keep leaves
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2. Complete har-
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3. As leaves fall
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lect and destroy
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4. Prune out any
eased, weak or
ct-damaged
canes of roses.

5. Plant balled-and-burlapped trees and shrubs. Bare-root plants should be planted later on, in the dead of winter.

6. Before heavy frost comes, cut and preserve any herbs that will be needed during winter.

7. Rake and use pine straw as a mulch; or store for later use. If you wait to rake, the pine needles may be littered with leaves fallen from deciduous trees.

8. Set out columbine, hollyhock, liriope, candytuft, Canterbury bells, pansies and daisy plants.

9. If not already done, dig dahlias, tuberous begonias and caladiums for overwintering.

10. Plant seed of these annuals now: larkspur, sweet pea, pink poppy, phlox, snapdragon, verbena and calliopsis. Plant in rows, protected with straw or leaves.

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A Living Will Can Make Tough Decisions Easier

A lot of older folks in North Carolina have little concern about "passing on to the Great Beyond." People who're often called senior citizens are generally realistic about the fact that they have lived more years than they have yet to live. But quite a few of them want to retain control over what will happen in their final days—whenever that time comes.

Many have no wish to be a burden, psychologically and economically, on their children, grandchildren and other loved ones who are near them.

Fortunately, North Carolina is one of a growing number of enlightened states that have legalized the document usually called a "Living Will." In fact, the Tar Heel state was one of the first in the nation to pass such a law.

A Living Will is simply a declaration of an individual's wish for a natural death. This would be a death not slowed up by heroic hospital measures of the type often heralded as a "Code Blue" situation.

North Carolina has also designed a simple form that bears the heading: *Declaration of a Desire for a Natural Death.* The document has several points in common with a Final Will and Testament, although it is not a substitute for the regular will.

The document shows the county of residence, uses the name of the "Living Will" individual and is signed and dated in the presence of two witnesses who are not related to the signer.

The document is sworn to before an officer of the Clerk of Superior Court or before a Notary Public, where the certificate is also dated.

The Living Will, in short, is a legal document in North Carolina.

The law covering these wills is based on the concept that any individual has a basic right to control decisions about his or her own medical care, including the decision that they do not want extraordinary means used when their condition is clearly terminal.

Under the law, you can inform your personal physician of this viewpoint orally, and many people have done this. You can do the same thing by writing and signing the approved Living Will document. Or you can inform the immediate members of your family of your viewpoint. In most cases, they will communicate your wishes to medical people involved in treating you.

A Living Will is not a wish to have any and all medical attention withheld after you reach a certain age or a certain state of ill health. In fact, you can say that you want emergency measures put into use, perhaps for 24 hours or a longer period. You can also write in your instructions that your physical pain shall be eased, using any approved medications or techniques. (Hospitals normally do this as a matter of course.)

You can make the *Declaration of a Desire For a Natural Death* exactly what you want it to be.

But there are certain requirements to make this document legal. As mentioned, dates and signatures, witnesses and certificates are all part of the process. In addition to being non-relatives of you or your spouse, witnesses must also be people who will not inherit property from you. Your own physician and employees of the physi the hospital, the nursing home or other re ment facility are also ineligible to witness y Living Will.

If you have a Living Will, and a doctor determines that your condition is terminal incurable—and a second doctor confirms opinion—your doctor may either withhol stop extraordinary medical treatment. Ext dinary treatment is defined as any medical procedure which artificially postpones th moment of death by carrying on a vital bo function.

This may be accompanied by the adn tration of medicines that ease pain.

Let's say that you have decided to hav own *Declaration of a Desire for a Natura Death,* and that you have complied with a requirements. Where should you keep it?

First, you will probably want several copies—including the original with your nal signature. Put it where your family ca find it. You might even carry a small card y you saying that you have a Living Will.

If you have also signed a power of att give a copy to your attorney-in-fact—the p you have authorized to act on your behalf a copy to your physician, or several docto this seems practical.

Make some more copies that your fa can reach in a hurry. This should take car matter.

Suppose your health takes a turn for better, and you decide that you don't wan have a Living Will after all. Can you revok You certainly can; in fact, it's easy. You ca up all the copies that you have prepared. can also inform your doctor that you hav changed your mind; he will heed your wi You should also inform all your close fami members.

If you want to look into this matter fu you can contact someone in your county Association, where Living Will forms are available without charge.

You can also contact your county Ag tural Extension Service office, which is lis the telephone book under county govern And you can also get help from your local cil on Aging, the agencies that do so man things for older North Carolinians.

rganization Needs rassroots Support

'tt County's Millie Lilley knew little ıbout EMCs just a few years ago. Vow she's encouraging women to in a national co-op organization.

A few years ago, Millie Lilley would have completely stumped if anyone had asked question about rural electric cooperatives. Now, as the state's representative to the nal Rural Electric Women's Association WA), she's willing to talk t them almost anytime.

LILLEY

didn't know much about ric co-ops until five years vhen I moved out to the try," said Lilley, who now s her home in Pitt County. ey has become so enthusi- about the co-ops and their programs that now trying to increase the membership of REWA—hoping to get more women in- d in the concerns of electric cooperatives. She's a consumer-member of Edgecombe- n County EMC, Tarboro, and has been in that co-op's Women's Committee.

NREWA, which was established about 10 ago, is designed to increase understanding rural electric co-ops, and to enlist support -op legislation and political goals.

With more than 4,000 members nation- NREWA has the potential to become a rful organization, Lilley said.

NREWA could be a good lobbying group," id. "We need to get more women ed."

early dues for the organization are $2— nembers receiving a quarterly newsletter, NREWA activities.

arious Electric Membership Corporations s) across North Carolina also have local n's groups that are active in co-op and unity affairs.

o join NREWA, send a check for $2—made e to NREWA—to Lorrie Constantinos, ssociation of Electric Cooperatives, P.O. 7306, Raleigh, NC 27611.

Interest-Free Loan To Support Watauga Manufacturing Facility

Blue Ridge Electric Membership Corporation, Lenoir, has received a $100,000 interest-free economic development loan from the Rural Electrification Administration to partially fund construction of a start-up manufacturing facility in Watauga County.

This "incubator" will encourage and nurture small businesses by providing them with affordable space, shared support services and management assistance.

The REA loan will help finance construction of a 20,000 square-foot building in the Watauga County Industrial Park. It will become the property of the Watauga Committee of 100, a non-profit organization that supports economic development activities.

"Blue Ridge EMC was pleased to be able to obtain these funds from REA on behalf of the committee," said Doug Johnson, the EMC's interim general manager. "The loan will be repaid over a 10-year period by the committee and the tenants who lease space in the facility."

The project, which is expected to cost between $500,000 and $600,000, has also drawn support from a $200,000 grant from the North Carolina Technological Development Authority and from loans through Watauga County lending institutions.

Plans call for the building to be completed by next spring.

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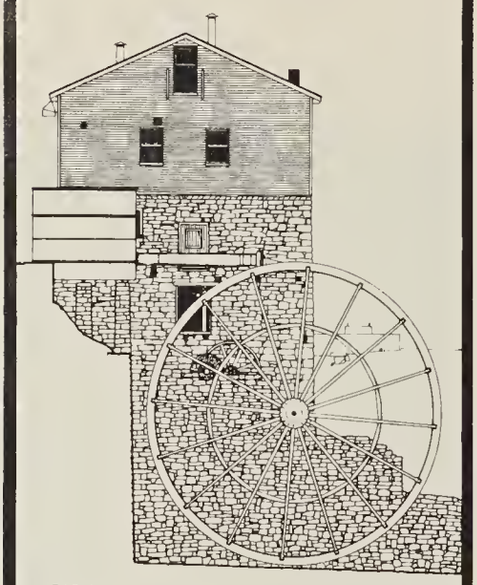

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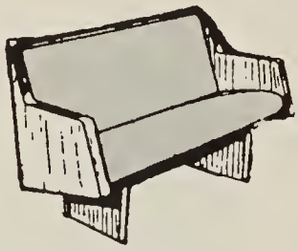

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heeless Receives REC Certification

n information specialist with the North na Association of Electric Cooperatives EC) has earned professional recognition tional program offered by the Council of Electric Communicators.

andy Wheeless, an information specialist at NCAEC and a contributing editor to *Carolina Country,* was named one of 19 Certified Rural Electric Communicators (CREC) for 1989.

Wheeless

In order to achieve certification, program participants must submit a portfolio of their work for evaluation nel of judges—all of them professional unicators.

rticipants must also take a four-hour n examination on communications skills owledge of the rural electric program. a possible 3,000 total points for both the io and the exam, participants must score 2,400 points to qualify for certification. We're pleased to see Randy achieve this tion," said Wayne D. Keller, interim execue president of NCAEC. "The certification m was set up just a few years ago and we have 115 communicators across the y who've qualified. It's a worthwhile effort rove co-op communications and to recogdividuals for their accomplishments in ld."

pointed out that Wheeless is the fourth Carolinian to qualify for the certification. ers are Dave Rowe, manager of member blic relations at Randolph Electric Mem- Corporation, Asheboro; Tony E. Herrin, t manager with Union EMC, Monroe and Autry, the statewide organization's manmarketing.

heeless joined NCAEC and *Carolina* y in 1987 after two years as sports infordirector at North Carolina Wesleyan Col- Rocky Mount. Earlier, he was a sports nd editor with daily newspapers in Mount and Charleston, SC.

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By Owen L

State Agency Honors "Aunt Sallie" Parnell

We have updates for you on a couple of items that have appeared in the magazine in recent months:

• There's more good news about Mrs. George ("Aunt Sallie") Parnell of Rt. 22, Lexington, the great-grandmother who has been making rag rugs for the past 94 years.

Earlier this year, we wrote about her July 29 birthday—when she turned 102—and we reported on a special tribute she had received from Davidson County artist Demsey Essick. He had issued a limited edition print depicting one of her rugs and part of her antique loom, and he gave her print No. 1.

Now, the North Carolina Department of Cultural Resources has selected "Aunt Sallie" for a North Carolina Folk Heritage Award, to be presented at a special ceremony in Raleigh next spring. She's one of six Tar Heel artists who'll be so honored. (See story, page 10, for details.)

Mrs. Parnell was selected for the award "for her outstanding contribution to North Carolina's cultural heritage," according to officials of the state agency.

She still works at her craft with the help of her daughter, Mrs. Carolyn Phillips, who lives next door. Both are consumer-members of Davidson Electric Membership Corporation (EMC), Lexington.

After our items about "Aunt Sallie" appeared in this column, Mrs. Phillips wrote to point out that members of various EMCs around the state had written to her mother.

"Thanks for the nice articles about Mom," she said. "We, the family, feel it was a real honor to her and we appreciate it so much!"

• Katherine Skipper of Lexington wrote us about our August cover featuring her painting, "Beside Luther's Barn." She said it "looked great" and had stirred "a lot of favorable reaction."

Signed-and-numbered limited edition prints of it are available for $40 each plus $5 for shipping and handling. The print has an image area of 13 1/4" by 16" with a white border. Mail orders to First Avenue Gallery, 18 W. First St., Lexington, NC 27292. Make checks and money orders payable to the gallery.

Well, Boss, It Was Like This

"Suddenly, the doors on the armored car ahead of me opened bills started flying out. It caused such a traffic jam that I was an hou

That creative excuse was used by one employee to explain wi came to work late, according to a recent survey reported in the *Jou American Insurance.*

Other offbeat excuses reported in the survey demonstrate jus creative people can be in confronting their bosses about a tardy ar an absence:

- "I stayed home because I thought Halloween was a holiday
- "The dog got hold of my toupee and hid it somewhere in th basement."
- "I spotted what looked like a flying saucer and followed it c highway for 50 miles. I still don't know what it was."
- "My husband forgot where he parked the car after he came from an office party last night."
- "I ate so much during my vacation that none of my clothes So, I had to spend the morning having them altered."
- "As a joke, my six-year-old son set all the clocks back an ho
- "My parakeet spoke for the first time, so I waited for him t again so I could tape record it."
- "When you work as hard as I do, you're entitled to a day of and then."

Uncle Sam, Your Crow Was "Turri

The metal strips used to band birds are inscribed: "Notify Fish Wildlife Service, Washington, DC." They used to read "Wash. Biol.

This was changed after a western farmer shot a crow and disg wrote the U.S. Government:

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